

2ND ANNUAL

# SYMPOSIUM

FOR ELDER CARE PROFESSIONALS & OUR COMMUNITY

FINDING SOLUTIONS FOR THE SANDWICH GENERATION

Oasis Conference Center

SEPTEMBER 14, 2023

8:00am - 4:30pm EDT

Loveland, Ohio 45140

## Learn from Some of the Best Minds in the Field of Aging

Join us as we look at ways to thrive in the Sandwich Generation, examine how technology plays into caring for elders aging at home, hear the latest on new FDA approved medications for Alzheimer's, share tips for starting difficult but necessary conversations with our aging family members, and much more!

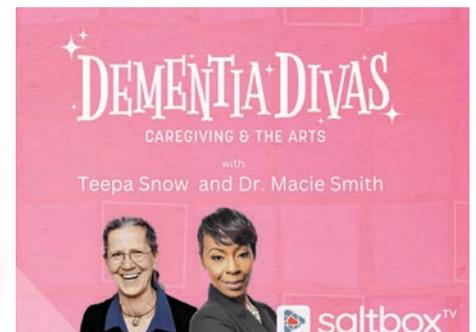
PRESENTED BY

THE LAW PRACTICE OF  
*Dennison Keller, LLC*  
A FOCUS IN ELDER LAW

### Keynote Speaker

DR. MACIE P. SMITH

- Licensed Social Worker & Gerontologist
- Co-Host of new talk show on Saltbox TV, *Dementia Divas*, with Teepa Snow (Saltbox TV is a new streaming service launching this year to provide content specifically for viewers aged 50 and older.)
- Outstanding Educator of the Year while at the University of South Carolina (2017 - SC)
- Author of *A Dementia Caregiver's Guide to Care*



Meet representatives from senior care providers, including nursing homes, assisted living facilities, memory care, independent living, funeral homes, technology companies, social service agencies, realtors and much more.

**REGISTER TODAY ~ [ElderLawCincinnati.com/symposium](http://ElderLawCincinnati.com/symposium)**

For more information, contact Tiffany Strah at [tstrah@elderlawcincinnati.com](mailto:tstrah@elderlawcincinnati.com) or 513-818-1111 ext 419.

**PROFESSIONALS: \$65, INCLUDES CE CREDITS\* GENERAL ADMISSION: \$20\***

*\*All registration fees include a continental breakfast, hot buffet lunch, and snacks.*



### R. DENNISON KELLER, JR., ESQ

Dennison Keller is the owner of The Law Practice of Dennison Keller. He will present at the Symposium on common mistakes individuals and families make when trying to protect their assets, so you can stay on a guided path to protect yourself for what may lie ahead.



### CHRISTY YATES, M.S., NCSP, LEP

Christy, a California resident, has a master's degree in counseling psychology and is the author of "Building a Legacy of Love: Thriving in the Sandwich Generation." She will be presenting in two breakout sessions; one is focused on the unique needs of the Sandwich Generation and the second will offer simple mind-body techniques to help relieve stress for all ages and abilities.



### DR. MARY ANN BARNES, MD

Dr. Mary Ann Barnes, MD is a family medicine provider with St. Elizabeth. Dr. Barnes will speak about the risk for Sandwich Generation caregivers, the five pillars of health, and steps each person can take to maintain their own health and happiness in times of stress.



### ARLENE DA SILVA

Arlene de Silva is founder and CEO of Cincinnati Music & Wellness Coalition (CMWC), the nation's first community-wide recreational music making coalition. During the Symposium, Arlene will introduce attendees to HealthRHYTHMS, a drumming program known to reduce depression, anger, and anxiety.



### DR. ROBERT KEYES, MD, PHD

Dr. Robert Keyes is co-director of The Christ Hospital Health & Aging Center. Dr. Keyes will lead a session for all attendees on what defines Alzheimer's disease and dementia, evaluate treatment options, and glance ahead to what research suggests is on the horizon.



### MEREDITH PASCO, LNHA, CDP

Meredith Pasco oversaw the daily operations of 32 drug and alcohol treatment health clinics in Ohio, Indiana, and West Virginia for 3 years and has 20 years of experience in Long Term Care. Meredith will discuss how individuals sometimes turn to alcohol and medication to manage the stress of caregiving. She will also look at the risk of addiction in patients diagnosed with Dementia.



### EVA M. HAGER, ESQ

Eva Maria Hager is an associate attorney with The Law Practice of Dennison Keller. During the Symposium, Eva will share how powerful a tool a Financial Power of Attorney is and how to begin difficult conversations with aging adults about the necessity of having this document in place.

**\*STEVE PELTON, MARK PROHASKA, CARRIE HAYES, AND JENNIFER HESTON-MULLINS WILL PRESENT TOGETHER**  
This group of presenters will discuss current technology that is available to support aging individuals who want to stay in their home as well as the challenges and concerns that go along with this technology use.



### STEVE PELTON, MBA\*

Steve Pelton is the Executive Director of We Thrive Together. Before starting We Thrive Together, Steve founded Web Wise Seniors which successfully taught over 28,000+ older adults how to use the computer/Internet and produced 14 books and 40 videos sold to libraries across the United States.



### MARK PROHASKA, BS\*

Mark Prohaska is the District Manager at SafeinHome for the state of Ohio. His career with SafeinHome focuses on the use of technology along with remote support services to increase independence and self-determination for those with disabilities.



### CARRIE HAYES, M.ED\*

Carrie Hayes is an Account Executive with SafeinHome, which empowers people to live independently in their homes. She has been serving individuals with intellectual and developmental disabilities for over 25 years.



### JENNIFER HESTON-MULLINS, PHD, LISW\*

Jennifer Heston-Mullins is the Associate Director of Research and a Senior Research Scholar with Scripps Gerontology Center at Miami University. Jennifer has been a licensed social worker in the state of Ohio for 25 years.

### ALPHAS

Alphas is a Cincinnati based sketch comedy and improv group of female-identifying performers! The Alphas will close out the day with a session that shows us all that while caregiving is serious business, it doesn't mean there can't be levity!



SAPPHIRE SPONSOR



**STRAWSER & STALEY**  
FUNERAL HOMES & CREMATION SERVICE

DIAMOND SPONSOR



EMERALD SPONSORS

